

## **NETBALL CAMP**

6th - 8th April | 9am - 12noon | Girls | Aged 8-14 Add-ons: Holiday Club from 12 -7pm, prices vary Venue: Ardingly College

Our Netball coaches are level 2 qualified, with County and Regional experience. Our programme has been custom built in order to develop players of all abilities through fun game-like activities.



Head of Netball at Ardingly College



Club Captain for Sussex Netball Club



Plays for the South Regional League

To book Sports Camps, Click Here
To book Holiday & Sports, Click Here





## **TIMETABLE & INFORMATION**

## **MONDAY - FRIDAY**

09:00 – 09:15 : Arrival & Registration

09:15 - 09:45: Fun sport specific warm up and team building exercises

09:45 - 10:30 : Technical & skill sport specific practices aligning with topic of

the day

10:30 - 10:45 : Break

10:45 - 11:55 : Tournament

12:00 : Departure

## **WHAT TO BRING**

Water Bottle | A Snack | Suitable Trainers

To book Sports Camps, Click Here
To book Holiday & Sports, Click Here







@ardinglyactive

Did you know that Ardingly Active also runs:

Hockey, Football, Girls'
Football, Cricket, Holiday
Club & Swim School camps
throughout the year.