

- ❖ Is your child aged between 8 11years old?
- Would you like them to have a basic understanding of first aid to help friends or family if it was needed?

Come and join Katie from Andersson First Aid Training for a Mini Medics First Aid class, specifically designed to give children the skills and confidence to support someone poorly or injured.

Location: The Yews Centre, Haywards Heath

Date: Monday 18th December, 2023

Time: **10am – 1pm** 

Cost: £30.00 per child

In the three hours we will be covering; What is First Aid? How to perform CPR and use a defibrillator, how to help someone choking, having an asthma attack, or bleeding and much more..

If you would like to book your child on this course, please contact Katie:

Tel: 07957 967906 Email: katie@anderssonfirstaidtraining.co.uk

