

🌼 **October Half Term Mindfulness Pony Day for Kids!** 🌼

**Date: Wednesday 29th October 2025
Time: 9am- 2pm**
**Location: Ponies ‘n’ Kids, Eaton Thorne Stables, Woodmancote, Nr Henfield, W.Sussex, BN5 9AG**

***Join us for a magical day designed especially for children ages 5-11! Dive into a world of peace, friendship, and mindfulness, all while experiencing the calming presence of our adorable ponies.***

✨ **What to Expect:**

💖 **Mindfulness Time with Ponies:** Learn calming techniques and emotional regulation skills while spending quality time with our gentle ponies.

🦄 **Pony Care:** Discover the joys of caring for ponies through grooming, feeding, and building a bond.

🏇 **Riding and Mounted Games:** Experience the joy of pony rides and engage in fun, team-based games that promote confidence and cooperation.

🌳 **Connect with Nature:** Immerse yourself in the tranquillity of our beautiful, quiet stables and serene surroundings.

🎉 **Make New Friends:** Build connections and friendships with other children in a supportive, nurturing environment.

**Scan the QR code or click this link to book:** [**Mindfulness Pony Day 29th October 2025**](https://www.eventbrite.co.uk/e/1673710496149?aff=oddtdtcreator)

**** **Cost: £140 per child**

 **Spaces limited to 15 children**

**We are an inclusive team and warmly welcome children with Special Educational Needs and Disabilities (SEND). We celebrate diversity and are committed to providing a supportive environment where every child can thrive.**