

## Personal, Social and Emotional Development

| EYFS Area of learning         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Where this is found in the curriculum planning/<br>Assessment Opportunities                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <b>Self-Regulation</b>        | <ul style="list-style-type: none"> <li>-Selects and uses activities and resources, with help when needed. This helps him/her to achieve a goal he/she has chosen, or one which is suggested to him/her</li> <li>-Is developing his/her sense of responsibility and membership of a community</li> <li>-Helps to find solutions to conflicts and rivalries, e.g. accepting that not everyone can be Spider-Man in the game, and suggesting other ideas</li> <li>-Increasingly follows rules, understanding why they are important</li> <li>-Does not always need an adult to remind him/her of a rules</li> <li>-Is developing appropriate ways of being assertive</li> <li>-Talks with others to solve conflicts</li> <li>-Talks about his/her feelings using words like 'happy', 'sad', 'angry' or 'worried'</li> </ul> | <p>Autumn weeks 1&amp;2, Objective Led Planning/ Observations</p> <p>Autumn week 1&amp;2, -People Who Help Us/ Hello Friend, RE - <b>How can you help others?</b></p> <p>Autumn week 1&amp;2, Objective Led Planning/ Observations</p> <p>Autumn week 1&amp;2, Autumn week 6-Oh No George/ Objective Planning.</p> <p>Objective Led Planning/ Observations<br/>Hello Friend/ Observations<br/>Objective Led Planning/ Observations<br/>Hello Friend - <b>How is the boy feeling? How would you feel in these circumstances?</b></p> |
|                               | <ul style="list-style-type: none"> <li>-Expresses his/her feelings and considers the feelings of others</li> <li>-Is able to identify and moderate his/her own feelings socially and emotionally</li> <li>-Manages his/her own needs</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <p>Blue Penguin/ Anna Hibiscus - <b>To articulate how they and others may be feeling using book as discussion.</b></p> <p>Objective Led Planning/ Observations</p> <p>PE, Observations</p>                                                                                                                                                                                                                                                                                                                                          |
|                               | <ul style="list-style-type: none"> <li>-Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and shows an ability to follow instructions involving several ideas or actions.</li> <li>-Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;</li> <li>-Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;</li> </ul>                                                                                                                                                                                                                                                                                                      | <p>Objective Led Planning/ Observations</p> <p>Objective Led Planning/ Observations</p> <p>Objective Led Planning/ Observations</p>                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Managing Self</b>          | <ul style="list-style-type: none"> <li>-Is showing more confidence in new social situations</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Objective Led Planning - <b>Initial Assessments CT/ LSA</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|                               | <ul style="list-style-type: none"> <li>-Sees himself/herself as a valuable individual</li> <li>-Shows resilience and perseverance in the face of challenge</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p>Clever Sticks - <b>What are you good at?</b></p> <p>Clever Sticks and Observations.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|                               | <ul style="list-style-type: none"> <li>-Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</li> <li>-Explain the reasons for rules, know right from wrong and try to behave accordingly;</li> <li>-Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                          | <p>PE, People Who Help Us, Objective led plan, Very Hungry Caterpillar - <b>Healthy Plate of Food, Healthy Lifestyles</b></p> <p>Autumn weeks 1 &amp;2 and throughout the year</p>                                                                                                                                                                                                                                                                                                                                                  |
| <b>Building Relationships</b> | <ul style="list-style-type: none"> <li>-Is becoming more outgoing with unfamiliar people, in the safe context of his/her setting</li> <li>-Plays with one or more other children, extending and elaborating play ideas</li> <li>-Is beginning to understand how others might be feeling</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <p>Autumn weeks 1&amp;2, Objective Led Planning/ Observations</p> <p>Objective Led Planning/ Observations</p> <p>Hello Friend <b>To articulate others may be feeling, using book as discussion starter.</b></p>                                                                                                                                                                                                                                                                                                                     |
|                               | <ul style="list-style-type: none"> <li>-Builds constructive and respectful relationships</li> <li>-Thinks about the perspectives of others</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p>Blue Penguin/ Anna Hibiscus - <b>To articulate how they can be respectful and build relationships, using book as discussion point,</b></p> <p>Objective Led Planning/ Observations</p>                                                                                                                                                                                                                                                                                                                                           |
|                               | <ul style="list-style-type: none"> <li>-Show sensitivity to their own and to others' needs.</li> <li>-Form positive attachments to adults and friendships with peers;</li> <li>-Work and play cooperatively and take turns with others;</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | RE, Objective Led Planning/ Observations                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |