YEAR4 CURRICULUM OVERVIEW 2018-19

<u>Subject</u>	<u>Autumn 1</u>	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Core Text	Oliver and the Seawigs by Philip Reeve		Beowulf Michael Morpui	Beowulf Michael Morpurgo		Varjak Paw by SJ Said	
Trips/Visits	Cuckmere Haven	RSPB Bioblitz Environment Workshop		Sir Teachalot – Anglo- Saxons and Vikings workshop	Victorian Workhouse Day	Possible visit to Law Court – to be investigated	
Reading Comprehension Skills	To understand what is read by asking questions to improve his/her understanding of a text To understand what is read by checking that the text makes sense to him/her, discussing the understanding of words To understand what is read by drawing inferences such as inferring characters' feelings, thoughts and motives from their actions, and justifying inferences with evidence To understand what is read by predicting what might happen from details stated To understand what is read by identifying main ideas drawn from within one paragraph and summarise these To understand what is read by identifying how language, structure, and presentation contribute to meaning to include paragraphs, headings, subheadings, invecommas to punctuate speech To retrieve and record information from non-fiction To read his/her own writing aloud, to a group or the whole class, using appropriate intonation and controlling the tone and volume so that the meaning is clear						
English	Oliver and the Seawigs Focus Genres/Texts for Writing Oliver and the Seawigs Unaided Cross-curricular Writing (x4) Whole School writing task Cross-curricular Links Science: report writing, conclusions		Focus Genres/Texts for Rea Beowulf Focus Genres/Texts for Wri Beowulf Unaided Cross-curricular W Whole School writing task Cross-curricular Links Science: report writing, cond	riting (x4)	Focus Genres/Texts for Reading Varjak Paw Focus Genres/Texts for Writing Varjak Paw Unaided Cross-curricular Writing (x4) Whole School writing task Cross-curricular Links Science: report writing, conclusions DT: presentation of findings and results		

Spoken language - presentation of homework;

Reading: word reading Reading: comprehension

Writing: transcription – spelling and handwriting

Writing: composition-letters, instructions, poetry,

recount.

Writing: vocabulary, grammar and punctuation

(editing and proof reading)

Comprehension

Inference & deduction

Writing in Role

Letter Writing

Poetry - performance

Narrative writing

Instructional writing

GPS

Using fronted adverbials, followed by a comma:

Conjunctions (subordinating and coordinating);

Expanded noun phrases;

9 parts of speech;

Understands the grammatical difference between plural and possessive –s

Summative Assessments

Eg Salford, PST

Spoken language - presentation of homework,

performance poetry Reading: word reading Reading: comprehension

Writing: transcription – spelling and handwriting Writing: composition – letters, instructions, poetry,

recount.

Writing: vocabulary, grammar and punctuation

(editing and proof reading)

Diary Writing Letter Writing Job adverts

Story writing - alternative ending

Poetry - kennings

GPS

Use apostrophes to mark plural possession e.g. the girl's name, the girls' names;

Use paragraphs to organise ideas around a theme Subordinating and co-ordinating conjunctions Use of commas

Summative Assessments

Eg Salford, PST

Spoken language - presentation of homework

Reading: word reading
Reading: comprehension

Writing: transcription – spelling and handwriting Writing: composition – letters, instructions, poetry,

recount.

Writing: vocabulary, grammar and punctuation

(editing and proof reading)

Diary Writing
Speech dialogue
Storyboard
Character profiles
Drama in role
Book Review
Formal letter
Newspaper article
Non-fiction writing

GPS

Understand the following terminology: determiner; pronoun, possessive pronoun; and adverbial; Make the appropriate choice of pronoun or noun within and across sentences to aid cohesion and avoid repetition
Use of commas

Direct speech punctuation

Summative Assessments

Eg Salford, PST

Maths

Place value

Ordering/comparing and =, rounding
Number and place value (NPV);
Roman numerals
Measurement (MEA) (length and perimeter)
Mental addition and subtraction (MAS)
Written addition and subtraction (WAS)
Mental multiplication and division (MMD)
Written multiplication and

Mighty Multiples

division (WMD)

Discovery Maths Focus for Investigations

Problem solving and reasoning investigations.

Geometry

Properties 2 D shapes

Fractions

Fractions quantities; Use of tenths; Ordering, + and – fractions with same denominator

Multiplication and Division

Measurements - Area

Fractions and decimals including decimal equivalents, adding fractions, equivalent fractions and rounding decimal numbers.

I can estimate, compare and calculate different measures, including money in pounds and pence. I can read, write and convert time between analogue and digital 12- and 24-hour clocks. I can solve problems involving converting from hours to minutes; minutes to seconds; years to months; weeks to days.

Mighty Multiples

Discovery Maths Focus for Investigations

Problem solving and reasoning investigations.

Summative Assessments

Fractions and decimals

I can find and write decimal equivalents using tenths and hundredths.

I can find and write decimal equivalents to 1/4, 1/2 and %.

I can divide one and two digit numbers by 10 and 100 and can explain the effect this has on place value.

I can round decimals using tenths to the nearest whole number.

I can compare numbers with the same number of decimal places up to two decimal places.

Time

I can read, write and compare time between analogue and digital 12-hour and 24-hour clocks. I can solve simple money and measure problems involving fractions and decimals to two decimal places.

I can solve problems where I need to convert units of time such as hours to minutes, minutes to seconds, years to months or weeks to days.

Statistics

I can solve comparison, sum and difference problems using information presented in bar charts, pictograms, tables and other graphs.

I can interpret and present discrete and continuous data using appropriate graphical methods, including bar charts and time graphs.

Shape/ Position and direction

I can plot specified points and draw sides to complete a given polygon.

I can describe positions on a 2-D grid as coordinates in the first quadrant.

I can describe movements between positions as translations of a given unit to the left/right and up/down.

I can compare and classify geometric shapes, including quadrilaterals and triangles, based on their properties and sizes.

I can identify acute and obtuse angles and compare and order angles up to two right angles by size.

			I can identify lines of symmetry in 2-D shapes presented in different orientations. I can complete a simple symmetric figure with respect to a specific line of symmetry. Mighty Multiples Discovery Maths Focus for Investigations Problem solving and reasoning investigations.
Science	States of matter I can compare and group materials together, according to whether they are solids, liquids or gases. I can observe that some materials change state when they are heated or cooled, and measure or research the temperature at which this might happen in degrees Celsius. I can identify the part played by evaporation and condensation in the water cycle and associate the rate of evaporation with temperature. Volcanoes (molten rocks) Dataloggers Electricity Identify common appliances that run on electricity Construct a simple series electrical circuit, identifying and naming its basic parts, including cells, wires, bulbs, switches and buzzers. Identify whether or not a lamp will light in a simple series circuit, based on whether or not the lamp is part of a complete loop with a battery. Recognise that a switch opens and closes a circuit and associate this with whether or not a lamp lights in a simple series circuit. Recognise some common conductors and insulators, and associate metals with being good conductors.	Animals, including humans I can describe the simple functions of the basic parts of the digestive system in humans. I can identify the different types of teeth in humans and their simple functions. PE I Can statements: I can explain the types and amounts of food needed for a balanced healthy diet. I can identify the energy that certain foodstuffs give by looking at the packaging. I understand that there are good and bad bacteria. I can identify the main features of respiration. I understand that muscles work in pairs to protect, support and move the body. I understand the three functions of a skeleton and use scientific vocabulary to name specific bones. Sound Dataloggers I can identify how sounds are made, associating some of them with something vibrating. I can recognise that vibrations from sounds travel through a medium to the ear. I can find patterns between the pitch of a sound and features of the object that produced it. I can find patterns between the volume of a sound and the strength of the vibrations that produced it. Recognise that sounds get fainter as the distance from the sound source increases.	Animals, including humans I can construct and interpret a variety of food chains, identifying producers, predators and prey. I can recognise that living things can be grouped in a variety of ways. I can explore and use classification keys to help group, identify and name a variety of living things in their local and wider environment. I can recognise that environments can change and that this can sometimes pose dangers and have an impact on living things.

Science	Ask relevant questions and us	e different types of scientifi	c enquiries to answer ther	n					
Investigation	Set up simple practical enquiries, comparative and fair tests								
Skills	Make systematic and careful observations and, where appropriate, take accurate measurements using standard units, using a range of equipment, in								
JKIII3	thermometers and data loggers								
	Gather, record, classify and p	Gather, record, classify and present data in a variety of ways to help in answering questions							
	Record findings using simple s	scientific language, drawings	s, labelled diagrams, keys,	bar charts, and tables					
	Report on findings from enqui	iries, including oral and writ	ten explanations, displays	or presentations of results	and conclusions				
	Use results to draw simple con	nclusions, make predictions	for new values, suggest in	provements and raise furtl	ner questions				
	Identify differences, similarities	es or changes related to sim	ple scientific ideas and pro	cesses					
	Use straightforward scientific	evidence to answer question	ons or to support his/her fi	ndings					
Computing	Internet Safety	Net searching	Coding	Networks	Using computers -	Using and Applying -			
	Use technology responsibly	Understand how results	Decompose programs	Understand what	Photo story	animation			
	and understand that	are selected and ranked	into smaller parts.	servers are and how	Photo Stories	I can design and create			
	communication online may	by search engines.	Use logical reasoning	they provide services to	I can create boxes in a	an original character			
	be seen by others.		to detect and correct	a network.	desk top publisher.	using appropriate			
	Understand where to go for	Word Processing	errors in algorithms	Begin to use internet	I can insert photos to a	software.			
	help and support when	I can select, edit and	and programs.	services within his/her	desk top publisher.	I can use appropriate			
	he/she has concerns about	manipulate text in	Select, use and	own creations to share	I can move, resize and	software to tell a story			
	content or contact on the	different ways.	combine a variety of	and transfer data to a	position objects to	involving my new			
	internet or other online	I can insert images and	software, systems and	third party	create a desired effect.	cartoon character.			
	technologies.	hyperlinks into a	content that	understand how	I can use the crop	I can use other softwar			
		document.	accomplish given goals.	computer networks	feature to improve a	to create an additional			
	Computers	I can format images to		enable computers to	photo.	description or other			
	Use other input devices	achieve various effects.	Include use of	communicate and	I can add borders to	materials linked to my			
	such as cameras or sensors.	I can select, edit and	sequences, selection	collaborate	pictures.	character.			
	i.e temperature	manipulate text in	and repetition with the		I can add captions and	I can combine software			
	Design and create a range of	various ways.	hardware used to	Computers	make appropriate style	to present information			
	programs, systems and	I know some of the main	explore real world	Use other input devices	choices.	about my character.			
	content for a given	keyboard shortcuts.	systems	such as cameras or	I can use photo				
	audience independently	I can find and use the	Solves problems by	sensors. i.e sound	enhancements to				
	select, use and combine a	different functions of the	decomposing them		improve the				
	variety of software to	spellcheck tool.	into smaller parts		presentation.				
	collect, analyse, evaluate	I can add a spelling to	Create programs which		I can edit the start time				
	and present data and	the spelling dictionary.	use variables		and start points of				
	information.	I can insert a simple	Use variables,		music within my photo				
		table.	sequence, selection,		story.				
		I can add and delete	and repetition in		I can save my project as				
		rows and columns.	programs		a movie file.				
			Use logical reasoning						
		lia dana analandhi a alaad	And according to the according	ĺ	NA/ith accompant and ant area	ĺ			

to explain how

increasingly complex

Independently select,

use and combine a

With support select and use a variety of

		variety of software to design and create content for a given audience, including collecting, analysing, evaluating and presenting data and information	algorithms work and to detect and correct errors in algorithms and programs efficiently Design and create a range of programs, systems and content for a given audience independently select, use and combine a variety of software to collect, analyse, evaluate and present data and information.		software on a range of digital devices. With support select, use and combine a variety of software on a range of digital devices to accomplish given goals.	
Geography	Map Skills To know the physical and hum I can understand and use a wid geographical terms e.g. specificontour, height, valley, erosion transportation, headland, volce I can measure straight line discappropriate scale. I can explore features on an Oreferences. I can plan the steps for an enquith more complex keys. I can use maps and atlases approntents and indexes? I can explain how the locality if geographical context. I can show I know features need to content the steps for an enquith more complex keys. I can explain how the locality if geographical context. I can show I know features need to content the sure of the content of the steps for an enquith more complex keys. I can explain how the locality if geographical context. I can show I know features need to content the sure of the content of the steps for an enquith more countries. I can show I know about the sure of the content of the steps for an enquith more countries. I can show I know about the sure of the content of the steps for an enquith more countries. I can show I know about the sure of the content of the steps for an enquith more countries. I can show I know about the sure of the steps for an enquith more countries. I can show I know about the sure of the steps for an enquith more countries and the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps for an enquith more complex keys. I can explain the steps f	dening range of ic topic vocabulary - n, deposition, canoes, earthquakes etc tances using the S map using 6 figure grid quiry. I can draw maps propriately by using is set within a wider arby and beyond the UK. To of UK regions, cities and wider context of places - landscape features on the hapes of continents.	N/A	N/A		I can understand why there are similarities and differences between places. Location knowledge - Identify position and significance of the 2 hemispheres and associated vocabulary including time zones. Understand geographical similarities and differences through the study of human and physical geography of a region of the UK, a region in a European country and a region within North or South America. I can explore weather patterns around parts of the world.

	I can identify continents, coun world and discuss how they ar I can recognise that people ha living in different locations and explore weather patterns around Volcanoes (linked to Changing	re different. ve differing quality of life d environments. I can und parts of the world.				key aspects of: Physical geography — climate zones, biomes and vegetation belts Human geography. — types of settlement and land use, economic activity including trade links and the distribution of natural resources including energy, food, minerals and water
History	N/A		Britain's settlement by Ar The Viking, Scot and Angl Kingdom of England to the Confessor. I can place some historical chronological framework. I can use historic terms restudy. I can use sources of inform beyond simple observation about the past. I can use a variety of resonaspects of life in the past. I understand that sources other. I can communicate his/he organised and structured terminology.	lo-Saxon struggle for the ne time of Edward the all periods in a selated to the period of mation in ways that go ons to answer questions arces to find out about a can contradict each er learning in an	Crime and Punishment A local history study. A study of an aspect of history dating from a period beyond 1066 that is significant in the locality. I can use sources of information in ways that go beyond simple observations to answer questions about the past. I can use a variety of resources to find out about aspects of life in the past. I understand that sources can contradict each other. I can communicate his/her learning in an organised and structured way, using appropriate terminology.	

Art	Key artist: David Hockney	Key artist: N/A	Key artist: Inuit Sculpture
	Observational drawing of natural objects from the school grounds, seashells etc. I can articulate how I might improve my work using technical terms and reasons as a matter of routine. I can create different effects by using a variety of tools and techniques such as bleeds, washes, scratches and splashes. I can draw familiar objects with correct proportions. I can use a variety of techniques e.g. marbling, silkscreen and cold water pastes. Creating mood boards. I can use a sketchbook for collecting ideas and developing a plan for a completed piece of artwork. Tie dye techniques. I can print on fabrics using tie-dyes or batik.		I can plan a sculpture through drawing and other preparatory work. I can draw familiar objects with correct proportions. I can describe some of the key ideas, techniques and working practices of artists, architects and designers who I have studied. I can use skills I have been taught to adapt and improve my work. I can say how I would improve my work using technical terms and giving reasons. I can create different effects by using a variety of tools and techniques such as bleeds, washes, scratches and splashes. Animal batik (toothpaste)
DT	Light-up volcano/lighthouse (science) I can understand and use electrical systems in my products. To evaluate ideas and products against design criteria and consider the views of others to improve their work.	Cooking (blocked unit) I can investigate and analyse a range of existing food products. I can understand what makes a healthy and balanced diet, and that different foods and drinks provide different substances the body needs to be healthy and active. I can understand seasonality and the advantages of eating seasonal and locally produced food. I can read and follow recipes which involve several processes, skills and techniques. To select from and use a wider range of cooking equipment to perform practical tasks (e.g. cutting, shaping and finishing accurately)	Designing a free-standing photo frame I can use my knowledge of existing products to design a functional and appealing product for a particular purpose and audience. To use research and develop design criteria to inform the design of innovative, functional, appealing products that are fit for purpose, aimed at particular individuals or groups. I can use techniques which require more accuracy to cut, shape, join and finish my work e.g. Cutting internal shapes, slots. To generate, develop, model and communicate their ideas through discussion, annotated sketches, cross- sectional & exploded diagrams and prototypes. I can use my knowledge of techniques and the functional and aesthetic qualities of a wide range of materials to plan how to use them. I can apply techniques I have learnt to strengthen structures and explore my own ideas. I can consider how existing products and my own finished products might be improved and how well they meet the needs of the intended user.

R.E. Religious Practises (Christianity, Hinduism and Sikhism)

Religious practices and lifestyles AT1 (Level 3)

Know the function of objects/places/ people within religious practices and lifestyles.
Begin to recognise key similarities and differences.

AT1 (Level 4)

Identify and describe similarities and differences in religious practices and lifestyles both within and between religions.

Values and Commitments AT2 (Level 3)

Recognise and begin to ask important questions about how religious and moral values, commitments and beliefs can influence behaviour.

How do Hindus worship at home?

Religious practices and lifestyles AT1 (Level 3)

Know the function of objects/places/ people within religious practices and lifestyles.
Begin to recognise key similarities and differences.

AT1 (Level 4)

Identify and describe similarities and differences in religious practices and lifestyles both within and between religions.

Values and Commitments AT2 (Level 3)

Recognise and begin to ask important questions about how religious and moral values, commitments and beliefs can influence behaviour.

Sikhism

Religious practices and lifestyles AT1 (Level 3)

Know the function of objects/places/ people within religious practices and lifestyles. Begin to recognise key

differences. AT1 (Level 4)

similarities and

Identify and describe similarities and differences in religious practices and lifestyles both within and between religions.

Values and Commitments AT2 (Level 3)

Recognise and begin to ask important questions about how religious and moral values, commitments and beliefs can influence behaviour.

Food in Worship (celebratory meals and langar hall)

Easter (last supper, symbolic Easter food)

Ways of expressing meaning AT1 (Level 3)

Begin to identify the impact of religious teachings, including the effect sacred texts have on believers' lives. Identify religious symbols and symbolic actions. AT1 (Level 4) Identify and describe similarities and differences in religious practices and lifestyles both within and between religions.

Values and Commitments AT2 (Level 3)

Recognise and begin to ask important questions about how religious and moral values, commitments and beliefs can influence behaviour.

Holy Books (Guru Granth Sahib - Sikhism, Vedas - Hinduism, Bible – Christianity)

Visit to Holy Trinity Church

Religious practices and lifestyles AT1 (Level 3)

Know the function of objects/places/ people within religious practices and lifestyles.

Begin to recognise key similarities and differences.

Ways of expressing meaning

AT1 (Level 3)

Begin to identify the impact of religious teachings, including the effect sacred texts have on believers' lives.

Identify religious symbols and symbolic actions. **AT1** (Level 4)

Identify and describe similarities and differences in religious practices and lifestyles both within and between religions.

Values and Commitments AT2 (Level 3)

Recognise and begin to ask important questions about how religious and moral values, commitments and beliefs can influence behaviour.

AT1

- **2.11** about books which are precious or important and be made aware of ways in which sacred religious texts are regarded, handled and read by the members of faith groups.
- **2.15** about the way verbal and non-verbal symbolic expression and action are used to convey meaning, particularly in religious contexts; including sacred texts.

I can develop religious and moral vocabulary to describe key features and know beliefs and teachings for some religions.

I can explore questions of meaning and purpose.

I can identify ultimate questions and recognise that there are no universally agreed answers to these.

I can discuss and understand individual beliefs and consider the ways in which members of faith communities describe their understanding of God/gods.

P.E. Dance

I can improvise freely, translating ideas from a stimulus into movement?

I can create dance phrases that communicate ideas? I can share and create phrases with a partner and in small groups?

I can repeat, remember and perform these phrases in a dance?

I can use a wide range of movements when improvising?

I can choose appropriate movements to express the idea, mood and feeling of a dance?

I can take the lead when creating dances with a partner or in a group?

I can show a greater understanding of how to compose dance phrases?

Invasion Game skills ie. Football

I can kick a ball accurately

I can apply skills and tactics in combination with a partner or as part of a group/team.

I can comment on skills and techniques applied in his/her own and others' work and use this understanding to improve performance.

Swimming – open to Y4 ch

I can change my shape or position whilst floating in water.

I can swim for a minimum of 10m using my preferred stroke.

Outdoor Adventurous Activities (OAA)

-orienteering

Gymnastics

I can do a forward roll in a straight line and end up on my feet.

I can skip forwards in a rhythmical movement swinging my arms in the opposite direction to my legs.

Hockey

I can support teammates or a partner in different sports and games using tactics and skills to our advantage.

Ball skills and control

I can perform a chest pass accurately to a partner.

Tennis?

Trampolining – Summer 1 (external provider on site)

Cricket - Summer 2

I can throw the ball accurately.

I can attempt to hit the ball in the direction I choose.

I can intercept the ball with one hand.

I can turn my arm over and bowl.

I can work with a partner to score single runs.

Athletics

I can jump and throw for distance.

I can jump for height.

I can run a variety of distances.

I can perform a baton exchange.

Music	Dances from songs from around the world-explore duration, and structure. Sea shanties. Learn about and compare music of different times, styles and cultures.	Develop performing skills-Learn Christmas songs on the ukulele – revise C, F, G7 chords and learn Am chord Compose own Christmas song on the ukulele	Glockenspiel 1 – Develop an understanding of formal, written notation and learn to follow a music score. Play and perform in solo and ensemble contexts with increasing confidence.	Viking music — instruments used, learn a variety of songs in unison and two parts. Children to compose their own Viking song using tuned and untuned percussion.	Glockenspiel 2 – builds on the learning from Glockenspiel 1	Music of Africa 2 – listen to and perform a variety of African music/songs. Duration- learn to recognise, follow and create written rhythmic patterns Develop performing skills – practise, perform and compose polyrhythms
French	Revision of: How are you; What is your name?; How old are you? Je Me Presente I can understand and use set phrases to talk about myself and ask others for simple information in return. I can understand numbers 1-20, count and use them out of sequence. I can say whether I am French or English and I am aware that the pronunciation changes if I am a girl or boy.	I can begin to work out the meaning of unfamiliar words within a familiar text using contextual and other clues. La Famille I can remember most of the language covered in unit one, but may need some prompting with odd words and phrases. I can tell you the words for family members in French and, with support, tell you what relation they are to me, how old they are and what they are called. I can understand numbers 1-100, count and use them in sequence.	I can show understanding of a range of familiar spoken phrases, for example through acting out part of a familiar story heard. I can ask and answer a range of questions on different topic areas. I can use a range of adjectives to describe things in more detail, such as describing someone's appearance. En Classe I can remember, repeat and spell some of the vocabulary covered in lessons for classroom objects. I can tell you some of the objects I have and do not have in my pencil case. I can remember and follow most classroom commands in French	I can notice that the target language may contain different phonemes and that some similar sounds may be spelt differently to English. Au Café I can understand and use most of the set phrases covered in class to order food and drink. I can read and pronounce some words to help me order a French breakfast and typical French snacks from a menu. With help I can also order for my friend. I can ask for the bill when prompted. Classroom Commands	I can write descriptive sentences using a model but supplying some words from memory. I can write words and short phrases from memory. As-tu un Animal? I can understand and repeat most of the eight pets introduced. I can remember some of the spellings and genders and attempt the rest. I can ask somebody if they have a pet if I have the language required in front of me. I can respond, including use of the negative I can attempt to improve my spoken and written French using the connectives ET ("and") or MAIS ("but").	I can read a range of familiar written phrases and sentences, recognising their meaning and reading them aloud accurately. Boucle D'Or et les Trois Ours I can use picture cards to sequence the story correctly. I can repeat from memory most words that match the pictures, using a word bank. I can sequence most of the story by finding key words. I can create my own story board in French using support if necessary.

PSHCE	Relationships: which	Anti-bullying Week	PE I Can statements		Changes in our Bodies	Future Careers
	relationships are we part	Refugees	I can discuss differences between	een the health of	(pre-Puberty)	I can begin to recognise
	of; which skills are	Inequalities between	people from different countries / regions.		I am beginning to	their abilities that could
	needed for successful;	countries	I can identify stress and stressf	ful situations.	understand how physical	be used in future
	relationships; I can begin	I can begin to appreciate	I understand the importance o	of mental health.	changes in the human	employment.
	to describe how family	the rights of others.	I can identify basic 'coping stra	ntegies' for dealing	body take place.	I can begin to
	and friends care for one	I can recognise	with difficult emotions.		I can begin to appreciate	understand how people
	another in different	similarities before	I can identify the value of sleep	p for our health.	the different viewpoints	manage money.
	ways.	differences.	I can identify ways to make my	self happy and share	of others.	I can begin to show
		I can show some	happiness.			initiative in activities that
		understanding that each	I can begin to explain why a fai	miliar situation is safe		develop enterprise
		individual is unique.	or unsafe.			capability.
		I can begin to recognise	I can begin to explain who they	y are and how they fit		
		that inequality between	into society.			
		countries and people	I can assess the safety of a situation?			
		exists.	I am beginning to understand about the relationship			
			and balance between physical			
			in achieving a physically and m	nentally healthy		
			lifestyle.			
			I am beginning to understand that some substances			
			are legal and some are illegal.			
British Values	Democracy	Tolerance of those with	Mutual respect.		Individual Liberty	
		different faith and			Democracy.	
	Mutual respect.	beliefs			The rule of law.	
					Mutual respect.	
					Tolerance of those of	
					different faiths and	
					beliefs.	
					Courage	